



BASIC OUTLINE Emergency First Aid at Work Course

One Day

P indicates a mostly or wholly practical session

HSE EFAW 1 Day	
Course Introduction and Group Task	P
Primary and Secondary Survey	P
BREAK	
Airway and Choking	
Basic Life Support	P
LUNCH	
Bleeding	P
Shock	
Traumatic Injury	P
BREAK and Group Challenge	P
Common Illness	
Practical	P
Feedback and Dispersal	